

## PAIN EVALUATION

**Please circle all that apply:**

**Chief Complaint(s):** Jaw Pain Jaw Popping Lips Tongue Cheek Toothache Temple Neck  
Headaches Migraines Facial Pain Facial Swelling Bite Off Mouth Earache Limited Opening  
Tired Jaw Muscles Sore Jaw Muscles Jaw Locking Difficulty Opening  
Other \_\_\_\_\_

**Starting When?** Less than 1 month 1-3 months 4-6 months 6 months – 1 year Over 1-year

**After any of the following?** Injury to Back Broken Jaw Broken Nose Head Surgery Neck Surgery  
Dental Filling Orthodontics Yawning Biting Head Injury Cervical Traction Dental Treatment Wide  
Opening Jaw Trauma Emotional Upset Neck Injury Whiplash Auto Accident Work Accident Not  
sure Nothing Other \_\_\_\_\_

**When does it bother you?** Morning Midday Evening Wakes you from sleep Intermittent  
Decreases during day Increases during day Not sure Other \_\_\_\_\_

**How long does it last?** \_\_\_\_\_

**Describe the quality:** Sharp Shooting Burning Numbness Ache Pulsing Throbbing Stabbing  
Electric Shock Other \_\_\_\_\_

**Intensity Level (1 = lowest and 10 = highest)** 1 2 3 4 5 6 7 8 9 10

**What makes you feel worse?** Yawning Chewing Swallowing Speaking Singing Shouting  
Brushing Teeth Turning Neck Turning Head Turning Trunk Moving Arms Moving Shoulders Stress  
Moving Jaw Nothing Don't Know Drinking Eating Touching Area Not Sure  
Other \_\_\_\_\_

**What makes you feel better?** Rest Sleep Heat Ice Massage Medication Nothing  
Other \_\_\_\_\_

Please describe if there is any method of positioning your jaw that will relieve your pain.  
\_\_\_\_\_  
\_\_\_\_\_

**Have you had any serious trouble associated with any previous dental treatment?**  
\_\_\_\_\_  
\_\_\_\_\_

**Other Symptoms:** None Eye Tearing Nasal Stuffiness Red Eyes Nausea Light Sensitivity  
Noise Sensitivity Swollen Eyes Droopy Eyes Ear Ringing Popping Noises Itchy Ears Hearing  
Loss Grating Noise Muscle Soreness Muscle Spasms Salivary Changes Eye Pressure Facial  
Swelling Cheek Biting Lip Biting Temperature Sensitivity Sensitive Teeth Tense Muscles  
Warm Muscles Tired Muscles Other \_\_\_\_\_

**Past Treatment:** None Physical Therapy Chiropractic Biofeedback Counseling Extraction  
Root Canal Crown/Bridge Dental Treatment Prosthetics Occlusal Adjustment Medication  
Nightguard Surgery Massage Orthodontics Other \_\_\_\_\_

**Please indicate anything else about yourself which you suspect may be related to your visit.**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_